

Statistics Report 17412, Lamb, New Zealand, imported, neck chops, separable lean and fat, raw

Report Date:October 09, 2015 15:21 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	64.70	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Energy	kcal	231	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Energy	kJ	968	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Protein	g	17.43	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Total lipid (fat)	g	17.90	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Ash	g	0.88	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Carbohydrate, by difference	g	0.14	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Minerals													
Calcium, Ca	mg	20	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	1.14	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Magnesium, Mg	mg	18	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Phosphorus, P	mg	156	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Potassium, K	mg	290	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Sodium, Na	mg	73	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Zinc, Zn	mg	3.05	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Copper, Cu	mg	0.077	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Manganese, Mn	mg	0.006	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Selenium, Se	µg	4.3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Thiamin	mg	0.082	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Riboflavin	mg	0.128	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Niacin	mg	3.801	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Pantothenic acid	mg	0.308	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin B-6	mg	0.109	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin B-12	µg	2.51	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin A, RAE	µg	11	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Retinol	µg	11	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, IU	IU	38	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Vitamin E (alpha-tocopherol)	mg	0.36	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin D3 (cholecalciferol)	µg	0.0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Vitamin D	IU	2	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Lipids													
Fatty acids, total saturated	g	7.514	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
8:0	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
10:0	g	0.024	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
12:0	g	0.021	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
14:0	g	0.356	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
16:0	g	2.859	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
17:0	g	0.335	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:0	g	3.863	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:0	g	0.019	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
22:0	g	0.036	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
24:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Fatty acids, total monounsaturated	g	4.988	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
14:1	g	0.009	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
15:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
16:1 undifferentiated	g	0.163	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
16:1 c	g	0.127	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
16:1 t	g	0.036	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
17:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:1 undifferentiated	g	4.813	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:1 c	g	4.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:1 t	g	0.805	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:1	g	0.004	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:1 c	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
24:1 c	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Fatty acids, total polyunsaturated	g	0.683	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
18:2 undifferentiated	g	0.427	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:2 n-6 c,c	g	0.193	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:2 CLAs	g	0.226	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:2 t,t	g	0.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:3 undifferentiated	g	0.196	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:3 n-3 c,c,c (ALA)	g	0.196	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:3 n-6 c,c,c	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:2 n-6 c,c	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:3 n-6	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:4 undifferentiated	g	0.019	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:4 n-6	g	0.019	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
20:5 n-3 (EPA)	g	0.016	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
22:5 n-3 (DPA)	g	0.023	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
22:6 n-3 (DHA)	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Fatty acids, total trans	g	0.849	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Fatty acids, total trans-monoenoic	g	0.841	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Cholesterol	mg	72	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Amino Acids

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Tryptophan	g	0.199	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Threonine	g	0.859	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Isoleucine	g	0.807	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Leucine	g	1.391	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Lysine	g	1.573	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Methionine	g	0.588	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Cystine	g	0.236	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Phenylalanine	g	0.710	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Tyrosine	g	0.624	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Valine	g	0.917	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Arginine	g	1.213	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Histidine	g	0.382	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Alanine	g	0.896	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Glutamic acid	g	2.517	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Glycine	g	0.770	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Proline	g	0.578	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Serine	g	0.614	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2014
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2014